
MHC PARTICIPANT PHASE SUPPORT

Phase I: Transition

- Care Plan (This is done immediately after client is referred to your agency for case management services)
- Reminders! (Court dates, 2x weekly check-ins, probation intake, appointments at Mental Health agency, A&D center, PCP, etc.) Help them design a system for them to remember their responsibilities.
- Identify strengths/needs/goals, Safety Planning

Phase II: Stability

- Confirm that they are attending appointments
- Follow up on needs and goals identified in the Care Plan
- Assist in finding housing, employment, disability benefits, etc.
- Develop short-term goals

Phase III: Resilience

- Continue to confirm they are participating in treatment
- Communicate with Court Case Manager about client progress
- Help them identify long-term goals
- Help client evaluate their environment for safety

Phase IV: Growth

- Continued encouragement and attention to needs that arise
- Review long-term goals

Phase V: Success

- Communicating with client about how services might change once graduated from MHC
- Aftercare Planning